

**ALFORD SQUASH CLUB'S HEALTH AND SAFETY COVID-19 PLAN FOR THE PHASED
RE-OPENING OF THE CLUB FROM MONDAY, 17TH AUGUST 2020**

(TO BE READ IN CONJUNCTION WITH THE CLUB'S RISK ASSESSMENT)

As you will have gathered, the Club's Committee has been meeting (via Zoom) over the past few weeks to discuss the re-opening of the Courts following the Government's guidance for sports clubs. The Committee have taken time to consider the best approach for the phased re-opening and the measures will be reviewed regularly. The Committee may decide to relax or strengthen these measures depending (amongst other factors) upon ongoing guidance from the Government and England Squash.

Although the Club isn't presently affiliated to England Squash they produce helpful information for squash clubs including how members can participate in play on Court more safely in the current climate. The Committee would ask that all members familiarise themselves with these safety guidelines before going on Court and playing again. A link is detailed below and we plan to display their playing guidance near the Courts too.

The Committee would ask that you observe the following points:

- (1) It is the personal responsibility of all members to take all appropriate steps to ensure they are not infectious before entering the Club premises. Attendance will be based upon a self-declaration that you are fit and well and have none of the symptoms associated with COVID-19. It should go without saying that if you are in any doubt then you should not attend the Club;
- (2) We are obliged to keep a record for 21 days of the name, address, telephone number, date and time of entry/exit of everyone who enters the Club (including to book a Court). The register will be kept near the Courts and it is a strict requirement that you complete the required information. By signing the register you will also be confirming that to the best of your knowledge and belief you are free from infection and the symptoms of COVID-19 on that date. After 21 days the register will be confidentially destroyed;
- (3) If a confirmed case of COVID-19 is identified at the Club then it will close and the Committee will follow all appropriate Government and England Squash guidelines;
- (4) Members must wash/sanitise their hands on entering the Club and regularly while in attendance including as you enter and leave the Courts. Sanitiser stations will be positioned in appropriate areas around the Club;
- (5) While the Club will be cleaned on a weekly basis it is the responsibility of the members to ensure that "common touch" points are cleaned throughout the day. Please bring antibacterial wipes with you to ensure Court door handles, entry/exits points are cleaned down immediately after contact;
- (6) Please be respectful to other members and apply common sense when moving around the Club. In particular, the corridor downstairs is narrow and you are asked to be considerate and observe the social distancing requirements applicable;

- (7) Please ensure that you have booked a Court in advance of playing. You should not turn up hoping a Court is available. The Committee are looking at the possibility of introducing an online Court booking system but it is likely to be some time before this can be implemented;
- (8) Please come ready to play. The changing rooms will not be available although the toilets and hand basins will be. All bags and equipment must be taken on the Court and members should shower at home;
- (9) Until the regulations are relaxed there will be no spectating of games. We cannot allow guests/visitors at the present time. You should only enter the Club either to play your pre-arranged game or to book a Court. This is to minimise the amount of people that are in the Club and the time that members are in attendance at any one time;
- (10) The Committee will not be responsible for providing face coverings or disposable gloves. If you require these then they should be brought with you and disposed of (together with any other personal waste) off the premises;
- (11) A maximum of two people are allowed on a Court at any one time. You should book a Court leaving a gap of at least 40 minutes (and preferably longer) since the last members were on Court;
- (12) A junior member (i.e. somebody under the age of 18) must be accompanied on Court by an adult member of the same household.

The aim of these rules is to keep members as safe as possible while allowing people to resume playing squash and racketball in a controlled environment. As mentioned above, England Squash offer guidance as to the type of games that can be safely played on Court and further information is available at <https://www.englandsquash.com/back-to-squash/ways-to-play>. Ultimately, the type of game that is played is a decision for individual members.

As you know, the Club's Committee is run by members who do this on a voluntary basis without any kind of financial remuneration. These are unprecedented times and if you have any concerns/suggestions then please speak to a member of the Committee in the first instance. The Committee will not hesitate to withdraw membership of a person not complying with these rules which are being implemented to try and protect all members as far as is reasonably possible.

We thank you for your ongoing cooperation and ask you to read this plan in conjunction with the Club's Risk Assessment and England Squash information.

The Committee of Alford Squash Club
4th August 2020